

PROGRAM – WEEK 1: April 23 to May 1st

B = Breakfast / L = Lunch / D = Dinner included

Saturday April 23:

Meet in the lobby at 5:45 pm for a welcome reception, followed by dinner (nr 1)

Sunday April 24 (B/L)

7:00 am Breakfast is included

8:30 am **MEET** in the lobby. We will walk to the lecture room, near the Cours Mirabeau (A on map). **We leave at 8:30.**

9:15 am Lecture by Claude Blanc: History of Provence.

10:30 am Walking tour in the town of Aix.

12:30 pm Lunch at *Bastide du Cours* (# 2 on your map)

Followed by free time. You may want to discover the town on your own, or you can join me for some practical explorations on our way back to the hotel

Free evening.(some restaurants are closed on Sunday night, ask the desk for assistance or refer to my light green AHI folder located near our paper board, for suggestions)

Monday April 25 (B / D)

Breakfasts are included ALL mornings

Optional Enrichment Track: Language:

8:30 am **MEET IN THE LOBBY.** We will walk to the Alliance Française school

9:30 am **For the beginner class:** Your teacher Fabienne from Destination Français school, will come and meet you in the lobby

12:00 / 15 pm **End of class.**

6:45 pm **ALL:** Meet in the lobby – **dinner together** at Le Petit Bout (# 3 on map)
I will be in the lobby from 5:30 pm, should you wish any help.

Tuesday April 26 (B)

Optional Enrichment Track: Language

Starts at 9:15 for those who have class at Alliance Française and

9:30 for the beginners at Jardin d' Amalula (please refer to your map)

2-4 p.m. — Optional Enrichment Track: Art & Architecture

Enjoy a guided visit of the Musée Granet with our guide Stella.

(1:45 pm: Meet in front of King René statue - on top of Cours Mirabeau main street)

5-6 p.m. — Optional Enrichment Track: Cuisine

Attend a lecture on French cuisine, its history and its influence on Provençal cooking

(4:45 pm :Meet in front of King René statue - on top of Cours Mirabeau main street)

Wednesday April 27 (B/D)

10 a.m.-1 p.m. — Optional Enrichment Track: Cuisine

Visit the market with the Chef and buy your fresh product and return to class to cook.

Then sit down and enjoy the results.

(Meet in the lobby at 9:45 am)

see next page...

6-7 p.m. —FOR ALL: Lecture by Pamela Morton: The Art of Provence

Van Gogh was drawn to scenes in St. Rémy and Arles, while Cézanne preferred to portray his native Aix-en-Provence and surrounding landscapes. From past masterpieces to contemporary works, learn about the region's strong artistic tradition.

Lecture followed by dinner will take place at La Mado (nr #4 on the map) WE MEET THERE (or meet up at King René statue top of main street at 5:50 pm latest)

Thursday April 28 (B)

Optional Enrichment Track: Language

12:30 pm: LUNCH ALL at La Brocherie (nr #5 on your map) MEET THERE

Friday, April 29 (B)

Optional Enrichment Track: Language *Enjoy your final French lesson of the week.*

1:10am:Optional Enrichment Track: Cuisine. "En cas- 30 min." (cook 30 min then enjoy your lunch) We meet there or 12:55 pm latest by King René statue"

3:30-5:30 p.m. — Optional Enrichment Track: Art & Architecture

Discover the many fountains —and their stories — that grace the squares, private mansions, courtyards and streets of Aix-en-Provence, aptly nicknamed the City of a Thousand Fountains. Meet in the lobby of the hotel.

6:00 pm **ALL:Meet for a drink at La Bastide du Cours (#2 on map).**

A glass of wine, a beer, a soft or why not try the Pastis? And maybe talk about your first week in Aix with your fellow travellers!(your first drink is incl.)

Saturday April 30 (B)

10 a.m.-12 p.m. — Optional Enrichment Track: Cuisine

Discover the flavors of Provence during a walking tour through Aix. See where locals shop and visit some of their favorite markets, sample and taste..(we shall divide our self in two groups, making it easier to navigate in smaller shops and market. Those having French class, please join us today, for those NOT having French class, please join us on Tuesday 3rd).

And for the rest of you: Free day to explore the town on your own.

Sleep in this morning, or visit the markets in Aix en Provence (market days and places on your map).

Sunday May 1st – Excursion for ALL: LUBERON (LUNCH ON YOUR OWN) (B)

9:15 am Meet in the lobby and **depart** on the bus for the famous Isle sur la Sorgue. Stroll in the town, walk by the baroque church Notre Dame des Anges (mass at 10:30 am), visit the flea market, the fruit and vegetable market, the antique market or the antique shops opened in the morning.

Continue on the bus towards the pretty towns of Gordes (photo stop) and Roussillon followed by a wine tasting at a winery. We should be **back around 6 pm.**

I hope you enjoy your first week in Provence. Do not hesitate to call me, for any reason.
Charlotta Adolfsson Travel Director : 06 14 48 44 20.

PROGRAM – week 2: May 2 to May 8

B = Breakfast / L = Lunch / D = Dinner included

Monday, May 2

— **Optional Enrichment Track: Language**

12:30 p.m. FOR ALL: Lunch will be served at a "Le jardin d' Amalula" (nr#6 on the map)

MEET THERE (or meet at 12:15 at King Rene statue on top of Cours Mirabeau)

2-4 p.m. — Optional Enrichment Track: Art & Architecture

Visit the artist's well-preserved studio and the Lauves hill, hill to take in the view of majestic Mont Sainte Victoire, one of his favorite landscape subjects.

(We shall leave from the restaurant and take the public bus nr 5)

Tuesday, May 3

— **Optional Enrichment Track: Language**

10 a.m.-12 p.m. — Optional Enrichment Track: Cuisine for those who did not do it last

Saturday Meet in the lobby

Discover the flavors of Provence during a walking tour through Aix. See where locals shop and visit some of their favorite markets, sample and taste

6:45 p.m. ALL: Meet in the lobby to walk over to the restaurant

"Café Jeanne" (nr #7 on the map)

Wednesday, May 4

9:00 a.m.-3:30 / 4 p.m. — Optional Enrichment Track: Art & Architecture / Meet in the lobby

Your exploration of Arles starts with a visit to the Musée de l'Arles Antique. After the museum, enjoy a walking tour of the Old Town, followed by some free time to have lunch and to further explore on your own with your Museum Pass.

Thursday, May 5: This is a bank holiday, some shops will be open anyway, and the museum and sites will be open

—**NO! Language class due to bank holiday**

At:4 pm or 5 pm /to be confirmed— Optional Enrichment Track: Cuisine

*Wine and cheese are undoubtedly central elements of the French diet. During today's gathering. cheeses will be paired with wines that enhance their flavor profiles. **Meet in the lobby***

Friday, May 6

— **Morning: Language class as usual**

— **2 to 3:30 pm: Optional Enrichment Track: Language (catch up lost time)for Alliance Française class (Thiru, Tara, Michael, Janet, Brian, Bernie, Ines)-for the Beginners class, he teachers have added 15 min. each class session to "catch up time".**

6:00 p.m. — Gather again with your fellow participants for drinks and conversation at a local café.

Saturday May 7

The entire day is at leisure to pursue your own interests.

Sunday, May 8

8:30 a.m.-3 p.m. — Excursion: Marseille

Travel to Marseille today. See its highlights and enjoy panoramic views, before taking a walk in the "Panier" district. End at the harbor where we shall have lunch together before driving back, unless you wish to stay in Marseille and discover more of it, you can easily return to Aix by public bus.

PROGRAM FOR YOUR FINAL WEEK

In Provence

Monday, May 9 (B)

— **Optional Enrichment Track: Language**

Continue your French language lessons today.

— **2 to 3:30 pm: Optional Enrichment Track: Language (catch up lost time)for Alliance Française class (Thiru, Tara, Michael, Janet, Brian, Bernie, Ines)-for the Beginners class, the teachers have added 15 min. each class session to "catch up time".**

Tuesday, May 10 (B)

— **Optional Enrichment Track: Language morning**

6-9 p.m. — Optional Enrichment Track: Cuisine

During today's cooking lesson, learn to prepare a traditional French menu.

Meet 5:30 pm in the lobby to walk up together or meet you there (at Atelier des Chefs)

Wednesday, May 11 (B/L)

8:45 a.m!! to 6 pm. — Excursion: Avignon and Pont du Gard

Journey to Avignon located on the banks of the Rhône River. Visit the impressive Palace of the Popes. The immense palace is an outstanding example of Gothic architecture.

Enjoy a included lunch followed by some free time before we continue towards the Pont du Gard, built by the Romans in 19 B.C. as part of a 30-mile canal to supply water to the town of Nîmes.

Thursday, May 12 (B/ D)

— **Optional Enrichment Track: Language**

1:15!!-6 p.m. — Optional Enrichment Track: Art and Architecture (meet in the lobby)

Explore the castles and abbeys of Provence during today's half-day excursion. Tour the ruins and hear the history of some of Provence's most iconic castles. Visit the Sylvacane Abbey, a former Cistercian monastery followed by a tour of the Renaissance castle of Lourmarin.

7 pm: *Meet in the lobby to walk over to restaurant "chez Charlotte" (nr 8), for dinner*

(no unfortunately it is not at my place, I would love to have you all but I am afraid it would be a bit tight :-) **TIME TO BE CONFIRMED**

Friday, May 13 (B/D)

— **Optional Enrichment Track: Language**

Today is your final French language lesson.

The afternoon is at leisure to pursue your own interests.

5:45 p.m. Meet in the lobby: Join us for a farewell reception at Stellas house, before our last dinner together at the restaurant " Le Patio" (nr #9)

Saturday, May 14 :Departures

We reconfirm the group flight and arrange transportation, a departure note will be handed out ...

Charlotta Tel: 06 14 48 44 20